
BUSHCRAFT SURVIVAL Adventure Camp 2026



SESIMBRA
**NATURA
PARK**



A structured outdoor learning
programme for international schools



ADVENTURE IS OUT THERE

In 4 days, students become autonomous teams capable of building shelter, cooking meals, and solving real-world challenges in a safe, structured environment.

- Real responsibility (not simulation)
- Measurable personal growth
- Fully supervised and risk-managed



WHO THIS IS FOR

International schools

Years 7-12

Residential trips / end-of-year
programmes

Groups: 30–60 students

WHAT MAKES THIS DIFFERENT

Not an activity centre. An educational field experience.

- ✓ Students live in teams, not attend sessions
- ✓ Real tasks: cook, build, navigate, solve
- ✓ Consequences are real (within safe limits)
- ✓ Structured progression over 4 days





LEARNING OUTCOMES

More than a camp — a **growth journey**.

Aligned with school objectives:

- PSHE: risk awareness, decision-making, teamwork
- Character education: resilience, responsibility
- Outdoor learning: environmental awareness
- Leadership: autonomy within structured supervision



SAFETY & RISK MANAGEMENT

- Staff ratio: 1:6 or 1:8 depending on age
- Every team supervised at all times
- First aid certified staff (Portuguese red cross)
- Full risk assessment documentation
- Insurance (personal + liability)
- Controlled use of tools (knife/fire protocols)
- Emergency access & evacuation plan

PROGRAMME STRUCTURE

4-Day Structure

Day 1 — Immersion

- Team formation
- Water expedition
- First responsibilities

Day 2 — Skill Acquisition

- Fire, cooking, shelter
- Tool use and safety

Day 3 — Autonomy & Challenge

- Independent tasks
- Navigation & team challenges

Day 4 — Consolidation

- Reflection
 - Awards & closure
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SAMPLE ACTIVITIES

Fire making

Shelter building

Camp cooking

Navigation

Tracking & nature awareness

Team challenges



LIVING CONDITIONS

What to expect

- Sleeping: tents provided
- Facilities: hot showers, toilets
- Food: cooked by students (supervised)
- Teachers: full support and accommodation
- Communication: controlled access

LOGISTICS FOR INTERNATIONAL SCHOOLS

30 min from Lisbon airport

Easy coach access

Support with transfers

Flexible scheduling

Can integrate with wider Portugal trip



OUR CLIENTS



IPS Cascais
BRITISH
INTERNATIONAL
SCHOOL
—
PORTUGAL



KING'S COLLEGE SCHOOL
CASCAIS

Aprendizes
ACTIVE LEARNING SCHOOL

WHAT'S INCLUDED

All included:

- Full programme delivery
- All equipment
- All meals
- Insurance & safety protocols
- Dedicated instructors
- Knife souvenir

Teachers attend free





PRICING

Average **€120 per student per day** (all-inclusive)

No hidden costs. No teacher fees.

NEXT STEP

Schedule a call

Check availability for 2026

We design around your group



OUR TEAM

Sesimbra Natura Park

Sesimbra Natura Park (SNP) is a sustainable nature experience concept, located in Herdade da Mesquita, an agroflorestal property with 867 hectares.

This property is run for decades by an ethics of environmental, social and economic sustainability, contributing to the development of the region where it is based.

With a differentiated offer of spaces, infrastructures and a dedicated team, we develop programs for schools, prom parties, corporate events, scouts, birthday parties, bachelor parties, etc, allowing for a close contact with nature.



Escola do Mato

Founded in 2011, we have over a decade in woodland expertise, having taught hundreds of students in how to live in the woods in an intimate and sustainable way.

In an increasingly artificial world, we want to give people back the knowledge of how to interact with nature in a sustainable way, enjoying what it has to offer us and collecting it's benefits, in comfort and safety.

We believe it is possible an intense contact with nature in a sustainable way, and we know that getting intimate with our surroundings will develop a sense of need to defend and preserve what's important. We are proud to be ecologically sustainable.





THE CAMP

Sesimbra Natura Park is located in Herdade da Mesquita, about 10 Km away from Sesimbra village, 6 Km from Setúbal and 25 Km from Lisboa.

Address: Estrada Nacional 378 Km 13.92970-000 Sesimbra 4 Km from Carrasqueira roundabout heading Lisboa, entrance to the right. 3 Km from the Traineira roundabout (Fernão Ferro) heading Sesimbra, entrance to the left.

Tel: 351 916 743 979 | **E-mail:** info@sesimbranaturapark.pt | Google maps 38.524664,-9.100879



GET IN CONTACT

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